

2nd National Master Games Medal Sheet of Uttarakhand Team
MAHARANA PRATAP SPORTS COLLEGE, DEHRADUN *24th TO 27th FEB 2019*

Men						
Sl.No.	Athlete Name	BIB No.	Age Group	Event	Medal Position	Performance
1	BRIJLAL	30065	30-34	800M	Silver	02:22.0
				1500M	Bronze	04:55.8
				5000M	Bronze	18:34.4
2	SURVEER GUSAIN	35097	35-39	100M	Bronze	13.15
				Long Jump	Bronze	4.79M
3	Manish Bhatt	35094	35-39	4x400M Relay	Bronze	04:17.2
4	AMIT KUMAR SAINI	35095	35-39	400M	Bronze	00:01:03
				800M	Bronze	02:18.3
				4x400M Relay	Bronze	04:17.2
5	DEVPRATAP SINGH	35099	35-39	3000m Steeplechase	Bronze	00:15:02
				4x400M Relay	Bronze	04:17.2
6	JAGJEET SINGH	35098	35-39	Discus Throw	Gold	43.40M
				Hammer Throw	Silver	40.88M
				Shot Put	Gold	12.67M
7	BALWANT SINGH	35118	35-39	5000m Race Walk	Bronze	35:36.0
8	DEEPAK SINGH NEGI	40113	40-44	110m Hurdles	Gold	00:18.4
				Long Jump	Gold	5.68M
				Triple Jump	Bronze	11.36M
9	QAMAR ABBAS	40117	40-44	Discus Throw	Gold	31.40M
				Shot Put	Gold	11.40M
10	SATISH KUMAR	40120	40-44	Hammer Throw	Bronze	31.62M
11	TRIVENI YADAV	45163	45-49	1500M	Gold	05:10.7
				10000M	Silver	39:57.7
				4x400M Relay	Bronze	04:17.2
12	CHANDRA SHEKAR SHARMA	45165	45-49	Discus Throw	Silver	30.80M
13	LALIT CHANDRA JOSHI	50094	50-54	400M	Bronze	01:06.0
				3000M Steeplechase	Gold	13:53.1
14	SHASHI DIWAKER	50092	50-54	800M	Bronze	02:39.7
				1500M		05:36.1
15	BIRENDRA SINGH PATWAL	50084	50-54	5000M	Bronze	21:57.13
16	C.K.MUKHIA	50085	50-54	3000M Steeplechase	Silver	16:32.4
17	BHUPENDER SINGH GREWAL	50087	50-54	Discus Throw	Gold	33.27M
				Hammer Throw	Silver	31.39M
				Shot Put	Bronze	9.88M
18	SANJEEV KUMAR	50086	50-54	Discus Throw	Silver	31.36m
19	HAYAT SINGH	45152	50-54	Javelin Throw	Gold	46.83M
				Shot Put	Gold	10.90M
20	RAJENDRA SINGH	50090	50-54	Shot Put	Silver	10.17M
21	MANOJ KUMAR	55078	55-59	100M	Bronze	00:14.6
				400M	Silver	01:08.1
22	VINOD KUMAR SAKLANI	55080	55-59	800M	Silver	02:54.8
				5000M	Bronze	22:53.8
23	SHIV KUMAR TOMAR	55079	55-59	3000m Steeplechase	Gold	17:07.3
24	VIJAY RAJ SINGH BISHT	55081	55-59	Discus Throw	Bronze	27.85m
				Javelin Throw	Gold	47.45m
25	BHIM SINGH	60097	60-64	100m	Gold	00:14.2
				Long Jump	Bronze	4.11M
26	SATISH CHAND CHAUHAN	60093	60-64	100M	Bronze	00:14.2
				200M	Silver	00:28.7
				400M	Gold	01:02.6
				4x100M Relay		
				4x400M Relay	Gold	

27	JITENDRA GUPTA	60096	60-64	1500M	Gold	05:43.0
				5000M	Gold	20:19.7
28	DR. DEVENDRA SINGH NEGI	60090	60-64	5000M	Silver	21:22.7
				10000M	Gold	43:04.7
29	BRIJ PAL SINGH	60087	60-64	10000M	Bronze	45:53.1
30	KAILASH CHANDRA PUNETHA	60098	60-64	2000m Steeplechase	Silver	10:51.1
				3000m Race Walk	Silver	20:02.8
31	DIGAMBAR SINGH RAWAT	60092	60-64	3000m Race Walk	Bronze	20:03.7
32	GURPOOL SINGH	65058	65-69	10000M	Bronze	01:05:04
33	RANDHIR SINGH VIRK	80010	80-84	Discus Throw	Gold	20.05M
				Hammer Throw	Gold	23.27M
				Shot Put	Silver	7.97M
34	DARSHAN SNGH	85003	85-89	Discus Throw	Gold	20.65M
				Javelin Throw	Gold	25.45M
				Shot Put	Gold	8.80M
Women						
35	RAJNISH	30105	30-34	200M	Silver	00:33.4
				400M	Silver	01:21.7
				Long Jump	Silver	3.65M
36	MONIKA	30071	30-34	5000M	Gold	28:06.7
				Discus Throw	Silver	15.30M
				Javelin Throw	Silver	22.90M
37	SUNITA DEVI	30064	30-34	5000m Race Walk	Bronze	48:28.6
38	KAVITA DEVI	35115	35-39	200M	Silver	00:35.9
				400M	Silver	01:25.5
39	VINITA GUSAIN	35101	35-39	1500M	Silver	06:46.2
				5000M	Gold	26:00.4
				10000M	Gold	41:23.4
40	SHAHEEN NAAZ	35110	35-39	Shot Put	Bronze	7.63M
41	GEETANJANLI DUTTA	40147	40-44	5000m Race Walk		44:12.3
42	USHA GUSAIN	45147	45-49	1500M	Bronze	07:29.1
43	KANTI RAWAT	45150	45-49	5000M	Gold	27:01.5
				10000M	Silver	59:30.7
44	ARCHANA SHARMA	45300	45-49	400m Hurdles	Silver	03:01.8
45	YASHODA KANDPAL	45145	45-49	High Jump	Gold	.90M
46	SUNITA BAHUGUNA	45135	45-49	Triple Jump	Silver	5.66M
47	GEETA SHARMA	45136	45-49	Triple Jump	Bronze	4.25M
48	ARCHANA BISHT	45149	45-49	Discus Throw	Gold	23.80m
				Shot Put	Bronze	8.50m
				5000m Race Walk	Bronze	37:40.9
49	SAROJNI THAPLIYAL	50101	50-54	100M	Bronze	00:20.5
50	RICHA GUPTA	50100	50-54	800M	Gold	03:58.7
				1500M	Gold	08:15.5
				5000M	Gold	28:56.8
51	SUMAN NEGI	50095	50-54	800M	Silver	04:12.8
52	PURNIMA SARMA	55089	55-59	100M	Gold	00:18.3
				200M	Silver	00:38.5
				400M	Gold	01:29.8
53	SANGEETA VERMA	55087	55-59	4x100M Relay		
				800M	Bronze	04:48.8
				3000M Race Walk	Silver	46:03.4
54	VIJAY NEGI	55088	55-59	5000M	Silver	36:42.9
				10000M	Silver	1:18:04

55	MANJEET SHARMA	60088	60-64	3000m Race Walk	Silver	25:38.9
56	SARITA RANI	60111	60-64	3000m Race Walk	Bronze	30:07.9
57	VISHAV DHIMAN	65057	65-69	3000m Race Walk	Bronze	28:01.9
58	SATNAM SINGH	75022	75-79	Discus Throw	Gold	7.12m
				Shot Put	Gold	3.45m
1	Event # 526 <160 MENS 4x400m Relay					
	Bronze	UTTARAKHAND		04:17.2		
	35095	AMIT KUMAR SAINI	35099	DEVPRATAP SINGH		
	35094	MANISH BHATT	45163	TRIVENI YADAV		
2	Event # 531 240 MENS 4x100m Relay					
	Gold	UTTARAKHAND		01:00.5		
	60097	BHIM SINGH	60093	SATISH CHAND CHAUHA		
	60096	JITENDRA GUPTA	60094	GURMED SINGH		
3	Event # 532 240 MENS 4x400m Relay					
	Gold	UTTARAKHAND		05:09.9		
	60096	JITENDRA GUPTA	60090	DR. DEVENDRA, S		
	60082	A.K RAL	60093	SATISH CHAND CHAUHA		
4	Event # 535 160-199 WOMENS 4x100m Relay					
	Silver	UTTARAKHAND		01:11.4		
	55089	PURNIMA SARMA	45147	USHA GUSAIN		
	35115	KAVITADEVI				